Over the ten year lifespan of this newsletter we have been asked frequently to add individuals to our mailing list, but we have not been able to do so, and have suggested that interested readers check our Web site for the monthly posting of Archives and History News. Since the newsletter does not have a firm publication day each month, this could require checking the Web site several times until the new issue was posted. Now newsletter readers can sign up for the Archives and History e-mail list and receive a monthly notice on the day the newsletter is posted, as well as other notices and reminders of Archives and History activities. If you are interested, send an e-mail request to joe.n.geiger@wv.gov to subscribe.

"Battleground West Virginia: Electing the President in 1960:" Focus of May 4 Presentation

By Mary E. Johnson

West Virginia Archives and History staff members will introduce our latest online exhibit, Battleground West Virginia: Electing the President in 1960, as a First Tuesday presentation on May 4 from 6:00 to 7:30 p.m. in the Archives and History Library in The Culture Center. This session of the monthly lecture and workshop series will include a lecture and discussion, followed by a guided tour of the online exhibit. Attendees will have an opportunity to share their memories and experiences of the 1960 West Virginia primary and general election campaigns.

The 1960 Democratic primary in West Virginia, which pitted Senator John F. Kennedy against Senator Hubert H. Humphrey, drew national attention to the state and played an important role in choosing the party's presidential candidate for the general election in November. The new exhibit features hundreds of primary source documents, newspaper articles, photographs and audio-visual clips documenting this important election. Nearly 90 newspapers were researched and more than 400 newspaper articles that tell the day-to-day story of the campaign were transcribed.

Advice for Self Publication

Many family historians and societies self-publish their work, either using a personal computer to print off a manuscript to be photocopied, or supplying a manuscript or digital file to a printing company to be duplicated and bound in some manner. Consequently, the manuscript does not go through a standard editing process and is not in compliance with traditional publication standards, often resulting in errors and omissions in the title pages and publication statements of the finished work. A previous article in the April 2001 issue of West Virginia Archives and History News entitled "Advice for Authors: Publishing Your Own Work," subtitled “How to Avoid Inducing Migraines in Librarians,” gives advice and explanations for selecting a title, title page layout, page numbering, indexing, compiling a bibliography, and copyright. The article also explains how donated work to the West Virginia Archives and History Library is handled and cataloged, according to its size and format. You can read it online at http://www.wvculture.org/history/ahnews/0401news.pdf. Following are further explanations of basic publication pitfalls and practices:

If you intend your work to be a series, choose an overall series...
First Monthly Evening Genealogy Club Meeting Held

The Archives and History Library has expanded meeting times for the Genealogy Club to include a once-a-month evening meeting on the second Thursday of each month, with the first meeting held April 15. To view photographs of the initial meeting, visit our Web site at http://www.wvculture.org/history/workshops/eveninggenclub041510.html. For more information about the Evening Genealogy Club or the Tuesday Morning Genealogy Club, visit http://www.wvculture.org/history/genealogyclub.html, or contact Bob Taylor at (304) 558-0230, bobby.l.taylor@wv.gov, or Joe Geiger at (304) 558-0230, joe.n.geiger@wv.gov.

Photos from April Lecture Online

You may view photos from the April First Tuesday lecture, *The Combat Scenario: Early West Virginia Coal Mining’s Cult of Danger*, presented by Dr. Paul Rakes on April 6, on the Archives and History Web site at http://www.wvculture.org/history/workshops/rakes040610.html.

Updated E-Mail List

The new e-mail addresses for Division of Culture and History employees are now posted on the Culture and History Web site at http://www.wvculture.org/agency/stafflist2.html and in the Archives section at http://www.wvculture.org/history/contactus.html. Our job descriptions/titles have been updated on the Culture and History page, and a little more explanation of our fields of expertise are provided on the Archives and History page. When you are not sure who you need to contact in Archives and History, you can call us at (304) 558-0230. You may also e-mail Joe Geiger, joe.n.geiger@wv.gov, or for library-related matters, e-mail Bobby Taylor, bobby.l.taylor@wv.gov. Please note that the West Virginia Office of Technology has not forwarded e-mails from our old addresses to our new addresses after March 1, 2010.

Archives Library Featured on “West Virginia Legacy” on Library Television Network

Jacqueline Proctor, Deputy Commissioner of West Virginia Division of Culture and History, recently interviewed Archives and History staff members Debra Basham and Robert Taylor on “West Virginia Legacy,” her program on the Library Television Network. To see if the Library Television Network is offered on your local cable system, visit the West Virginia Library Commission Web site at http://librarycommission.lib.wv.us/html/ltn/index_ltn.html for a list of participating cable networks, with a link to “LTN Schedule” for programming days and times.
If you republish an earlier work without making any changes, even if the text has been retyped, then identify the book as a reprint. You could also designate an unchanged but retyped text as reformatted. If you make additions and corrections, add illustrations, add an index, etc., then use the same title and identify the book as a second edition. You may also state “second edition with additions and corrections” or call it a revised edition. If you scan or photocopy a book and reissue it using those duplicated images, it is a facsimile edition. No matter how you designate the edition statement, be sure to include the year of this new work on the front or back of the title page.

If the publication has largely different contents from the earlier publication, then it is a separate work or it is a second volume, not a new edition or second edition. For instance, if your original family history publication (let’s call it Tracing the Tracy Family) consisted of five generations of genealogy charts, and your new one covers nine generations, with narrative family history and a section of photographs, consider it a new work and not a new edition. If you want to use the same title, be sure to give it a distinctive subtitle to separate it from the earlier work, such as Tracing the Tracy Family, Descendants of Homer and Elizabeth Payne Tracy.

Be consistent. If you use roman numerals to identify the first volume, or the second volume of a series with an unnumbered first volume, continue to use roman numerals for all of the volumes. If you used arabic numerals or letters of the alphabet, continue the series in the same manner. Books based on an annual event, such as a community or family reunion, are best identified by putting the year as a subtitle: My Family Reunion: 2000; My Family Reunion: 2001. Using “23rd annual reunion” as a subtitle or as a descriptor in the preface is fine, but is not very informative as part of the main title. Researchers will not know when you had your first one, or if you have one every year or every other year, etc., and consequently will not know the time period of this particular reunion if their source doesn’t include year of publication (which is not necessarily the year the event occurred).

If you are transcribing county records, obituaries or other materials that are clearly and easily separated and identified by date, using the date... Continued on the next page

Hoot Owl Night in the Library Great Success

The 2010 Hoot Owl night in the Library was a great success, as can be seen in the photos from that evening posted on our Web site at http://www.wvculture.org/history/workshops/2010hootowl.html. The event drew a full house of researchers from as far away as Michigan and Florida. The annual Hoot Owl research night is co-sponsored by the West Virginia Archives and History Library and the Mining Your History Foundation.

Elaine Gates assists a researcher on Hoot Owl night in the Archives
range as a subtitle for each volume rather than assigning a volume number is preferable. For example: Home County Births, 1853-1880; Home County Births, 1881-1900. If you are transcribing an entire volume of county records and want to reflect that in the title, take care with wording to show that the record book itself is volume one, not necessarily the transcription book itself, especially when there are overlapping dates between ledgers: Home County Births: Home County Book One, 1853-1900; Home County Births: Home County Book Two, 1860-1872, or Home County Births Book One, 1853-1900; Home County Births Book Two, 1860-1872.

If you have questions about title page design, edition statement, title choices, or related publication decisions, please contact me, Susan Scouras, Librarian, (304) 558-0230, Ext. 742, susan.c.scouras@wv.gov. I will be happy to discuss your options with you in order to make sure your book will be easily distinguished from other books and easy to locate by both library researchers and potential buyers.

New Titles

Charleston: Billy Joe Peyton, 2010.
Brooks Run: We Mine Coal: Mark Romano, 2009.
An Appalachian New Deal: Jerry Thomas, 2010.
The Marriage Records of Wichita County, Kansas, 1887-1975: Wichita County Kansas Historical and Genealogical Societies, [2000].

The Virginia Housewife or, Methodical Cook

The Virginia Housewife or, Methodical Cook, by Mrs. Mary Randolph, first published in 1824, is more than a cookbook, being a fascinating look at the cuisine, diet, and lifestyle of the time period. A biography of Mary Randolph, the Martha Stewart of her day, can be found on the Library of Virginia Web site at http://www.lva.virginia.gov/public/vawomen/2009/honoree.asp?bio=1. The book can be read online or downloaded free from http://www.archive.org/details/virginiahousewife00randrich. The West Virginia Archives and History Library has a copy of the 1836 edition, “Stereotype Edition, with amendments and additions,” published by John Plaskitt, Baltimore. In the center of the title page is the statement: “Method is the soul of management.” Our copy is a small leatherbound book measuring about 7” high by 4½” wide. It is in very good condition, except for a few bent page corners, so it must not have spent much time in a kitchen. (Most frequently used cookbooks are stained and wrinkled, with loose pages.) I found a thoroughly desiccated leaf, probably of an herb, between two pages. The recipes are very informative and interesting to the modern cook as well as social historians. I found two recipes with amusing subtitles that reflect attitudes or necessities of the day:

• Soup of Any Kind of Old Fowl: The only way in which they are eatable
• Catfish Soup: An excellent dish for those who have not imbibed a needless prejudice against those delicious fish

Much of the information provides instruction for preserving food in a variety of ways: cornning, curing, pickling, drying, salting, and sugaring (fruit preserves). Many of the recipes involve pieces of fish, fowl, seafood, reptile and animal that are not normally recognized as delectable today–nothing edible is wasted. Other foods are known to most of us, but are now considered “gourmet” and are expensive or uncommon. Lots of butter, lard, milk and eggs are used. Often the cooking directions call for boiling the food for hours, and many take hours to

Continued on the next page
Flummery
One measure of jelly, one of cream, and half a one of wine; boil it fifteen minutes over a slow fire, stirring all the time; sweeten it, and add a spoonful of orange flower or rose water; cool it in a mould, turn it in a dish, and pour around it cream, seasoned in any way you like.

A Sea Pie
Lay at the bottom of a small Dutch oven some slices of boiled pork or salt beef, then potatoes and onions cut in slices, salt, pepper, thyme and parsley shred find, some crackers soaked, and a layer of fowls cut up, or slices of veal; cover them with a paste not too rich, put another layer of each article, and cover them with paste until the oven is full; put a little butter between each layer, pour in water till it reaches the top crust, to which you must add some wine, catsup of any kind you please, and some pounded cloves; let it stew until there is just gravy enough left; serve it in a deep dish and pour the gravy on. **Editor’s note:** I suppose it is called a Sea Pie because it can be prepared at sea in a Dutch oven, using foods that would be available for a sea journey, such as preserved meats and fresh poultry. We forget that even ships had to have fires for warmth and cooking, usually in a cast iron hearth. This and other recipes call for soaked crackers, which I think must be a hardtack of some kind. Catsup refers to condiments we would call chutney, relish or sauce, not just tomato catsup.

**A Nice Little Dish of Beef**
Mince cold roast beef, fat and lean, very fine, add chopped onion, pepper, salt and a little gravy, fill scollop shells two parts full, and fill them up with potatoes mashed smooth with cream, put a bit of butter on the top, and set them in an oven to brown. **Editor’s note:** Scallop shells are used in this manner for several recipes.

**To Fricassee Cod Sounds* and Tongues**
Soak them all night in fresh water, take off the skins, cut them in two pieces, and boil them in milk and water until quite tender, drain them in a colander, and season with nutmeg, pepper and a little salt—take as much new milk as will make sauce for it, roll a good lump of butter in flour; melt in the milk, put the fish in, set over the fire, and stir it till thick enough, and serve up. *Air bladder of a fish.

**A Nice Twelve O’Clock Luncheon**
Cut some slices of bread tolerably thick, and toast them slightly; bone some anchovies, lay half of one on each toast, cover it well with grated cheese and chopped parsley mixed; pour a little melted butter on, and brown it with a salamander; it must be done on the dish you send it to table in. **Editor’s Note:** A salamander of this time period is a cooking utensil with a flat iron disk on a handle that could be heated in the fire, then held over food to brown it. A modern salamander is an open door oven capable of very high heat from a top only gas or electric grill, and is also used primarily to brown food.

**Gaspacho—Spanish**
Put some soft biscuit or toasted bread in the bottom of a sallad bowl, put in a layer of sliced tomatoes with the skin taken off, and one of sliced cucumbers, sprinkled with pepper, salt, and chopped onion; do this until the bowl is full; stew some tomatoes quite soft, strain the juice, mix in some mustard, oil, and water, and pour over it; make it two hours before it is eaten.
In addition to prepared food for the table, recipes are included for wines, beverages, vinegars for cooking or other household uses, soaps, starch, yeast, rennet, and blacking. Many of the ingredients are unknown to the modern cook, and certainly help the reader to understand why early pharmacists, who often sold food preservatives and flavorings as well as medicinal products, were called chemists. The following recipe with an intriguing name is for a disinfectant air freshener.

**Vinegar of the Four Thieves**

Take lavender, rosemary, sage, wormwood, rue, and mint, of each a large handful; put them in a pot of earthen ware, pour on them four quarts of very strong vinegar, cover the pot closely, and put a board on the top; keep it in the hottest sun two weeks, then strain and bottle it, putting in each bottle a clove of garlic. When it has settled in the bottle and become clear, pour it off gently; do this until you get it all free from sediment. The proper time to make it is when the herbs are in full vigour, in June. This vinegar is very refreshing in crowded rooms, in the apartments of the sick; and is peculiarly grateful when sprinkled about the house in damp weather.

**Editor’s Note:** An internet search using the name of the recipe turned up the folkloric history of this mixture as one used by thieves who robbed houses of the dead and dying during the Black Plague without catching the disease, protected by a concoction of vinegar and herbs. The individual ingredients are considered by herbalists to have anti-bacterial and anti-viral properties.

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### Calendar of Events

Please check our web site ([http://www.wvculture.org/history](http://www.wvculture.org/history)) for genealogical and historical society meeting announcements, and for more complete information on activities listed below.

**“TOMBSTONE ICONS AND INTERPRETATION,”**

May 1: Gaylord Cooper, speaker, Hamlin Library, Hamlin. Sponsored by Lincoln County Genealogical Society.

**ORAL HISTORY PRESENTATIONS, May 4:** Erma Byrd Higher Education Center, Beckley. Coal Culture of West Virginia Lecture Series, sponsored by Concord University and The Coal Heritage Highway Authority. For more information, contact the Beckley Center of Concord University, (304) 256-0270.

**HERITAGE DAY CELEBRATION, May 8:** Berkeley County Historical Society, Belle Boyd House, Martinsburg. For more information, visit [http://www.bchs.org/new.html](http://www.bchs.org/new.html) or call (304) 267-4713.

**“I AM A SON OF VIRGINIA, AND HER DESTINY SHALL BE MINE,” May 10:** Doug Perks, speaker, Shepherdstown Men’s Club and Jefferson County Historical Society, Shepherdstown. For more information, visit [http://jeffersonhistoricalwv.org/events.html](http://jeffersonhistoricalwv.org/events.html) or call (304) 724-7008.

**PRIMARY ELECTION DAY, May 11:** Archives Library will be open.

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### Visiting a Cemetery for Memorial Day?

If you are planning a trip to a family, church or community burial ground for Memorial Day, consider taking the following extra steps to preserve the both the grave markers and the memory of those buried in the cemetery, as well as to help relatives find the burial places of their ancestors in the future. Create or update a cemetery listing, including recording driving directions and contact information, and share the information you compile with local historical and genealogical societies. If cleaning and mowing are part of the day’s plan, keep in mind that care should be taken to preserve stones and other grave markers. For more information about cemetery cleanup and preservation, see the September 2000, April 2004, April 2005, and April 2006 issues of *West Virginia Archives and History News* at [http://www.wvculture.org/history/ahnews/ahnews.html](http://www.wvculture.org/history/ahnews/ahnews.html), as well as the West Virginia State Historic Preservation Office Web site at [http://www.wvculture.org/shpo/cemeteries.html](http://www.wvculture.org/shpo/cemeteries.html).

Print out a SHPO Cemetery Survey form, fill it in and send it to SHPO for inclusion in their file. Also, please mail or e-mail a copy of the cemetery listing or the Survey form to Susan Scouras, Archives and History Library, susan.c.scouras@wv.gov.

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**Mark Your Calendars! 15th Annual History Day, February 24, 2011**
Calendar of Events

Please check our web site (http://www.wvculture.org/history) for genealogical and historical society meeting announcements, and for more complete information on activities listed below.

“EVIDENCE FOR SIOUAN-SPEAKING NATIVE AMERICANS IN SOUTHERN WEST VIRGINIA BEFORE EUROPEAN CONTACT,”
May 27: Darla I. Spencer, speaker, Grave Creek Mound Archaeological Complex, Moundsville. For more information, contact Andrea Keller, (304) 843-4123, andrea.k.keller@wv.gov.

MEMORIAL DAY, May 31: Archives Library will be closed.

WEST VIRGINIA ARCHIVES AND HISTORY COMMISSION MEETING, June 4: Wheeling.

“SOUL OF THE PEOPLE: THE FEDERAL WRITERS PROJECT,” June 14:
Jerry Thomas, speaker, Shepherdstown Men’s Club and Jefferson County Historical Society, Shepherdstown. For more information, visit http://jeffersonhistoricalwv.org/events.html or call (304) 724-7008.

WEST VIRGINIA DAY (SUNDAY), June 20: Archives Library will be closed.

WEST VIRGINIA DAY (HOLIDAY), June 21: Archives Library will be closed.

“OHIO RIVER VALLEY AND THE PORTAL TO THE WEST IN COLONIAL TIMES,”
June 28: Dan White, speaker, Wood County Historical and Preservation Society, Parkersburg/Wood County Public Library, Parkersburg.

INDEPENDENCE DAY (SUNDAY), July 4: Archives Library will be closed.

INDEPENDENCE DAY (HOLIDAY), July 5: Archives Library will be closed.


LABOR DAY, September 6: Archives Library will be closed.

“THE JACKPOT ROCKSHELTER MYSTERY,” September 30: David N. Fuerst, speaker, Grave Creek Mound Archaeological Complex, Moundsville. For more information, contact Andrea Keller, (304) 843-4123, andrea.k.keller@wv.gov.

COLUMBUS DAY, October 11: Archives Library will be closed.

“THE EARLIEST AMERICANS: CURRENT PERSPECTIVES ON PALEOAMERICAN ORIGINS, ARRIVALS, AND LIFE WAYS,” October 28:
Jerry N. McDonald, Ph. D., speaker, Grave Creek Mound Archaeological Complex, Moundsville. For more information, contact Andrea Keller, (304) 843-4123, andrea.k.keller@wv.gov.

“SHOW AND TELL” WITH THE UPPER VANDALIA HISTORICAL SOCIETY,
October 31: Putnam County Board of Education Office, Winfield.

*Only the Archives Library will be staffed—all other Archives offices will be closed.

The West Virginia Library Commission Library in the Culture Center is closed weekends and all holidays.
Archives and History Staff

Joe Geiger .................................................................................................................................................... Director
Bryan Ward ................................................................................................................................................. Assistant Director
Debra Basham ............................................................................................................................................. Archivist (photographs, special collections)
Constance Baston ........................................................................................................................................... Researcher (Veterans Memorial Archives)
Greg Carroll .................................................................................................................................................. Historian (Civil War, Native American history)
Dick Faus ..................................................................................................................................................... Archivist (microfilm and moving images collection)
Denise Ferguson .......................................................................................................................................... County Records Archivist
Allen Fowler .................................................................................................................................................. Special projects
Elaine Gates .................................................................................................................................................. Library Assistant (microfilming and microfilm repairs)
Ed Hicks ......................................................................................................................................................... Photo Archivist (archival photography, darkroom)
Mary Johnson .................................................................................................................................................. Historian
Terry Lowry ..................................................................................................................................................... Historian (Veterans records)
Cathy Miller .................................................................................................................................................... Library Assistant (WV State documents)
Harold Newman .......................................................................................................................................... Library Assistant (microfilming, Revolutionary War)
Susan Scouras .............................................................................................................................................. Librarian (cataloging, Kentucky, library collection, newsletter editor)
Jaime Simmons ............................................................................................................................................. Library Assistant (records of the 1700’s and early 1800’s, Pennsylvania)
Bobby Taylor .................................................................................................................................................. Library Manager
Nancy Waggoner ............................................................................................................................................ Secretary
Kyle Campbell ................................................................................................................................................ Part time
Interns ............................................................................................................................................................ James Adkins, Aimee McNurlen, Scott Rubin, and Jada Taylor
Volunteers ..................................................................................................................................................... Carolyn Conner, Bill Kelley, James Wilburn, Sue Shank, Charlotte Thurston, Patricia Richards McClure, and Ken Bailey

We would love to hear from you.
Let us know what you find helpful in the newsletter, and what new topics you would like covered.
Contact West Virginia Archives and History News Editor
Susan Scouras, (304) 558-0230, Ext. 742,
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